



FOR IMMEDIATE RELEASE:

TORONTO, ON - sab meynert premieres new and past work in PROGRESS IS A SPIRAL UPWARD, the opening exhibition of 2017-18 SPACE SHAPES PLACE: a vibrant series of commissioned works presented at Tangled Art Gallery.

PROGRESS IS A SPIRAL UPWARD
by sab meynert

Exhibition dates: September 7- October 14, 2017

Opening Reception: September 7, 6:00-8:00 pm

Media Preview: September 7, 3:00-5:00 pm

Second Saturday Social: October 14, Time TBD

Location: Tangled Art Gallery S-122, 401 Richmond St W, Toronto, ON

Progress is a Spiral Upward, a visual arts exhibit by Toronto-based artist **sab meynert**, consists of vivid drawings and sculptural pieces. **meynert** utilizes organic repetitive patterning, interweaving poetic imagery and text to reveal graphic maps reflecting life's infinitely unfolding nature. For this premiere exhibit, **meynert** will show new pieces that incorporate semi-precious crystal, alabaster stone, 24k gold and silver, and organic matter, in addition to handcrafted ink and paint paper works. These new elements call upon their traditional knowledge, rooted in ways that intentionally draw out the metaphysical abilities of material, and move the work beyond the limits of form.

'Map out your inner life / and watch the patterns emerge /// take flight.' - sab meynert



*“sab meynert’s work is spell-binding, abundant with nuances that awaken new ways to experience art. It is quite fitting that their work is the opening exhibit for Space Shapes Place, as the artist wonderfully shapes an inviting space that welcomes us to take time, and take in the profound intersections of living and being in this world. Through their magical world. Take the time to come witness how meynert’s artistry unfolds through **Progress is a Spiral Upward.**” - Barak adé Soleil*

About Space Shapes Place

Space Shapes Place is a national exhibition series of commissioned works by Deaf, Mad and disability artists, supported by Ontario 150 and the Toronto Arts Council’s Open Door program. Spanning ten months in Tangled Art Gallery, the series will feature multidisciplinary creations by artists from across the country, exploring themes of disability identity, history, culture, community and lived experience across Canada. Curated by Artistic Director Barak adé Soleil, the commissioned artists were selected from a nationwide call for proposals.

About Second Saturday Socials:

Beginning this fall, Tangled Art + Disability will offer public engagements to support meaningful exchanges between artists, audiences and within the disability, Mad and Deaf communities. On October 14, we will launch Second Saturday Socials, centering the interests of our Blind and low vision communities with **sab meynert** as our featured artist. **meynert** will share insights into their creative process. There will also be opportunity to take in the work being exhibited through live description tours, tactile explorations, and



intimate conversations. Sweet and savory refreshments will be served to deepen the social interactions.

About The Artist:

sab meynert is an artist & writer based in Toronto, whose work has been recognized as a melodic counterpoint to the independent arts publishing sector and been exhibited at national & international galleries. meynert has collaborated with high profile musicians & artists and most recently published SPRAWLING HEART.

About Tangled Art Gallery: Tangled Art Gallery is Canada's first fully accessible disability arts gallery dedicated to advancing accessible programming and curatorial practices. Tangled Art Gallery is proud to be barrier-free, cost-free, and open to the public. All events include ASL Interpretation, Attendant Care, and trained sighted guides. Service animals are welcome. We ask that you help us make our events scent free.

CONTACT / INTERVIEWS

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Please note, when writing about sab meynert or Progress is a Spiral Upward, capitalization is as followed: Artist's name (sab meynert) is always in lowercase, and exhibition title (Progress is a Spiral Upward) is in Title Case or Uppercase.